

Small Plates:

tomato havarti	8.95
slices with melted havarti cheese, herbs/spices	
*chips and salsa	5.95
homemade spicy salsa & tortilla chips. refill 195	
*bleu cheese & celery	6.95
our homemade bleu cheese dressing & celery	
cheese plate	8.95
smoked gouda, havarti, cheddar, crackers & dip	
pizzadilla	8.95
pepperoni, tomato, cheese in grilled tortilla	

Soups & Salads:

*tomato basil	5.95
creamy and delicious	
*smoked portobello	6.95
lots of heat and flavor	
*white chicken chili	7.95
a little spice	
spinach apple	8.95
with pecans, parmesan, onions	
*house	4.95
romaine, croutons, cheese	

Lighter Entree Plates:

*chipotle chicken wrap	9.95
romaine, croutons, caesar & chipotle sauce	
*spicy tuna wrap	8.95
our spicy tuna salad with romaine & mozzarella	
steak flip	10.95
tenderloin & cheddar-jack grilled in a tortilla	
house wrap	10.95
ham, turkey, bacon, tomato, egg, romaine, onion	
chicken soft taco	9.95
cayenne-adobo rub, salsa, romaine, cheese	
jalepeno steak quesadilla	13.95
hot sauce drizzled tenderloin, jalepenos, cheese	

jalepeno chicken quesadilla	9.95
drizzled with hot sauce & grilled	
veggie quesadilla	8.95
spinach, onion, tomato & cheddar-jack	
*chicken caesar wrap	9.95
tossed in homemade caesar dressing	
cheese flip	6.95
cheddar-jack in grilled flour tortilla	
veggie-steak quesadilla	12.95
spinach, onion, tomato, steak & cheese	
chicken flip	8.95
grilled in tortilla with cheddar & jack	

Specialties:

fettuccini alfredo	11.95
cream reduction sauce over pasta, parmesan	
roma chicken	13.95
tomato basil reduction and mozzarella	
sage turkey	14.95
ground & blended with spices, sauced over potatoes	
angel shrimp	14.95
angel hair with tomato-mushroom cream sauce	
roast tenderloin	24.95
beef, in-house trimmed, butter-roasted medallions	
crab chowder	13.95
fresh & flavorful, slightly spicy, tomato-cream	
portobello chicken	13.95
spicy portobello reduction and baby swiss	
vegetarian pasta	15.95
tomato, onion, spinach, peppers, mushrooms, cream sauce	
shrimp alfredo	15.95
cream-reduction alfredo, steamed shrimp	
sauced salmon	15.95

Entree Salads:

black & bleu	14.95
steak, bleu crumbles, croutons, tomatoes	
honey chicken	12.95
honey chipotle rubbed chicken on romaine	
salmon apple	14.95
wild caught, spinach, onion, pecan, parm	
chef salad	13.95
ham, turkey, bacon, tomato, onion, egg, cheese	
chicken caesar	12.95
romaine tossed in homemade caesar, parm	
cranberry salmon	14.95
wild caught over spring mix with walnuts	
chicken apple	13.95
spinach, onion, pecan, parmesan	
steak caesar	14.95
tenderloin over tossed caesar, parmesan	
spicy chicken	12.95
cayenne rubbed, romaine, mozzarella	
spring chicken	13.95

wild caught, marinated, topped with cream reduction		cranberries, walnuts, spring mix	
chicken fettuccini	14.95	spicy tuna salad	10.95
sliced, cream reduction alfredo, parmesan		our tuna salad, romaine, mozzarella	

dressings: bleu cheese, caesar, balsamic vinaigrette, honey chipotle, pineapple cranberry
 all dressings and sauces made in-house

advisory: consuming raw or under-cooked foods such as meats, poultry, fish, shellfish and eggs may increase the risk of foodborne illness

Paninis:

Sandwich Favorites:

tomato & mozzarella	8.49
ripe tomatoes, boar's head cheese, seasoning	
ham & swiss	8.95
in-house baked ham, boar's head swiss	
monterey chicken	9.49
cheddar-jack, onion, bacon, green pepper	
pimento & tomato	8.95
mildly spicy jalepeno pimento cheese	
spicy chicken	8.95
covered with cayenne-adobo rub, mozzarella	
ham, turkey, pimento, tomato	9.95
in-house baked ham & turkey, our pimento cheese	
tuna melt (spicy tuna melt)	7.95
house tuna salad, boar's head american cheese	
chipotle chicken	8.95
our spicy chipotle dressing, mozzarella	
red hot chicken	9.95
jalepenos, cheddar-jack, hot sauce	

waldorf salad on mini croissants	8.95
cranberries, pecans, grapes, celery	
bacon, lettuce, tomato	8.49
six bacon strips, ripe tomatoes, mayo	
charlie's sandwich	9.49
classic BLT with our tuna salad	
grilled chicken salad	8.95
celery, mayo, spices, american cheese	
*spicy tuna salad	8.49
spicy pimento tuna, romaine lettuce	
*egg salad	5.79
fresh with light relish, seasoning	
*chicken salad	8.49
celery, spices, mayo, romaine lettuce	
*pimento cheese	8.49
mildly spicy house jalepeno pimento	
*tuna salad	8.49
house recipe, relish, spices, romaine	

Artisan Grilled Cheeses:

gouda with bacon & tomato	9.49	baby swiss & apple	7.49
pimento & tomato	7.49	bacon cheddar & tomato	7.95
havarti with apple & bacon	8.95	tomato & mozzarella	7.49

boar's head cheeses and bacon. build your own...tomato, apple: .49 each, 4 bacon slices: 1.49
 *while simple, they still have to be grilled...

More Wraps:

Soups:

bacon, lettuce, tomato wrap	7.95	*tomato basil cup	3.95
six bacon strips, mayo, flour tortilla		creamy and delicious	
chicken club wrap	9.95	*smoked portobello cup	4.95
bacon, tomato, romaine, honey chipotle dressing		lots of heat and flavor	
*spicy chicken	8.95	*white chicken chili cup	5.95
cayenne-adobo rub, mozzarella, romaine		a little spice, hearty	

Smaller Entree Salads:

chef salad	10.95
romaine, ham, turkey, bacon, croutons, tomatoes, onions, egg, cheddar-jack cheese	
*chicken caesar salad	9.95
house caesar dressing, romaine, croutons, sliced chicken, parmesan	
blt salad	9.95

crumbled bacon, romaine, diced ripe tomatoes, choice of dressing

- *honey chicken salad 9.95
sliced chicken tossed in honey chipotle dressing, romaine, mozzarella, croutons
- *spicy tuna salad-salad 9.95
house spicy tuna salad with pimento & spices, mozzarella, croutons
- *spring chicken 10.95
organic spring mix, cranberries, walnuts, parmesan, pineapple cranberry dressing
- *spicy chicken 9.95
cayenne-adobo rub coated chicken, romaine, mozzarella, croutons, choice of dressing

additional salads on opposite side...